

Beef

Breeds of Beef Cattle

There are many different breeds of cattle. The most popular breed of beef cattle in the United States is Angus. Angus are solid black and are known for the high quality meat they produce.

Some of the most common breeds include:

- Hereford
- Shorthorn
- Charolais
- Simmental
- Limousin
- Maine-Anjou
- Brangus
- Chianina
- Red Angus
- Gelbveih
- Brahman (which is the most popular beef cattle breed in the world).

All of these cattle come in different sizes and colors including black, red, white, roan, gold, brown and gray.



Beef Fast Facts

- Wisconsin is home to **285,000** beef cows.
- Beef cows can be found in nearly every county in Wisconsin.
- The gestation (pregnancy) period for cows is **285** days or about **9** months.
- Americans eat about **57** pounds of beef per person in a year. What is your favorite beef recipe?
- Each beef hide can make: **12** basketballs or **144** baseballs or **20** footballs
- Cattle are called ruminants. They have a special kind of stomach with four compartments which allows them to digest forages.

Beef Nutrition

Beef is a good source of ZIP (zinc, iron and protein) as well as many other vitamins and minerals that you need to be strong and healthy.

B-Vitamins release the energy in food and work to promote growth and maintain health.



More than Meat

In addition to healthy and nutritious beef for us to eat, many by-products are created from beef.

Some examples are: paint, candles, crayons, cosmetics, detergent, insulation, plastics, soaps, pet foods, piano keys, luggage, wallpaper, insulin for diabetes, car polishes, textiles for car upholstery, footballs, baseballs and basketballs.