Farmer Ben Bulletin: Beef Activity Page

A beef cow drinks about 30 gallons of water a day. Help the steer below get to the water tank.

In addition to grazing, a full grown steer eats about 25 pounds of feed a day. How many pounds does a steer eat in a week? In a month?

Farmer Fred has 38 beef cows. How much water must he provide each day?
Beef, it’s what’s for dinner! On the empty plate, draw your favorite beef meal including side dishes from each of the other food groups.

**Bonus!** Unscramble the words below to reveal the nutrients found in beef.

1. **TOPRINE**  
2. **NIOR**  
3. **ICZN**  
4. **IMIVATNB**