

Moo Mask

The most widely recognized dairy cow is the Holstein, which has black and white spots. The spots are similar to people's fingerprints in that no two cows have the same pattern of spots. Dairy farmers milk their cows at least twice a day. One cow produces 90 glasses of milk a day, and 200,000 in her lifetime. In fact, a cow's udder can hold 25-50 pounds of milk! Dairy is Virginia's third largest agricultural commodity.

You will need:

What's For Lunch? Milk by Claire Llewellyn
 3 large paper plates
 Crayons, colored pencils and/or markers
 Any color construction paper
 Stapler
 String

How to:

1. Read *What's for Lunch? Milk* to a group of children.
2. The first plate will be the cow's mouth/body. Draw a mouth and spots on the plate.
3. Cut a large circle out of the second plate.
4. Color spots and cut out two eye holes on the second plate.
5. Use the third plate for the ears by cutting the plate first in half; then in quarters; and finally in eighths.
6. Using two pieces from the third plate, color and staple to the top of the second plate.
7. Create an ear tag from a piece of construction paper and use the child's birth date for the numbers. For example, 742 means July 24th.
8. Finally, staple a string to the sides of the mask so the child can wear his or her mask.

Suggested Books:

Animals on the Farm by Raintree Publishing
My Trip to the Farm by Mercer Mayer
What's for Lunch? Milk by Claire Llewellyn



For more resources to connect children to agriculture visit AgInTheClass.org.