No Bake Apple Cinnamon Slices in a Bag

Materials Needed:

- Knife (for adult use only)
- Measuring spoons (teaspoon and tablespoon)
- Corer or Apple Slicer (optional)
- Cutting board

Per student:

- One Virginia apple (A Granny Smith is suggested but any variety will do)
- One Ziploc baggie
- 1/2 teaspoon of ground cinnamon
- 1 tablespoon of brown sugar



Directions:

- 1) All participants will wash their hands.
- 2) An adult will slice the apples for each student.
- 3) Students will place their apple slices in their Ziploc baggie.
- 4) Students, with assistance or supervision as needed, will correctly
- measure the brown sugar and cinnamon and pour them into the baggie.
- 5) Students will carefully zip and seal the baggie closed.

6) Students will shake their baggie for 30 seconds or more so that the cinnamon and sugar are well distributed.

7) Students may take out their apple slices to eat and enjoy!



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