

# Utah Summer Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Jul - 4  French Toast SYRUP,PANCAKE Cereal, Assorted RTE Yogurt, FF, 4oz String Cheese Peanut Butter Cups Fruit Choice ORANGES Milk Non-fat Chocolate MILK,1% Lowfat	Jul - 5  Strawberry Banana Smoothie w/ Crunchy Granola Topping Toast, Whole Wheat Yogurt, FF, 4oz String Cheese Peanut Butter Cups Fruit Choice RAISINS Milk Non-fat Chocolate MILK,1% Lowfat	Jul - 6  Breakfast Burrito Salsa Cereal, Assorted RTE Yogurt, FF, 4oz String Cheese Peanut Butter Cups Fruit Choice BANANAS Milk Non-fat Chocolate MILK,1% Lowfat	Jul - 7  Peaches & Cream Overnight Oats Toast, Whole Wheat Yogurt, FF, 4oz String Cheese Peanut Butter Cups Fruit Choice WATERMELON CHUNKS Milk Non-fat Chocolate MILK,1% Lowfat	Jul - 8  Turkey Sausage Biscuit Cereal, Assorted RTE Yogurt, FF, 4oz String Cheese Peanut Butter Cups Fruit Choice PEACHES,FRESH Milk Non-fat Chocolate MILK,1% Lowfat
Jul - 11  WAFFLES SYRUP,PANCAKE Cereal, Assorted RTE Yogurt, FF, 4oz String Cheese Peanut Butter Cups Fruit Choice ORANGES Milk Non-fat Chocolate MILK,1% Lowfat	Jul - 12  Peachy Sheet Pan Pancake Toast, Whole Wheat Yogurt, FF, 4oz String Cheese Peanut Butter Cups Fruit Choice PLUMS,RAW Milk Non-fat Chocolate MILK,1% Lowfat	Jul - 13  Egg, Toast, and Turkey Ham Cereal, Assorted RTE Yogurt, FF, 4oz String Cheese Peanut Butter Cups Fruit Choice BANANAS Milk Non-fat Chocolate MILK,1% Lowfat	Jul - 14  Chocolate Chip Muffin Toast, Whole Wheat Yogurt, FF, 4oz String Cheese Peanut Butter Cups Fruit Choice Cantaloupe with grape Milk Non-fat Chocolate MILK,1% Lowfat	Jul - 15  Egg, Turkey Bacon Ch Cereal, Assorted RTE Yogurt, FF, 4oz String Cheese Peanut Butter Cups Fruit Choice Apple Wedges Milk Non-fat Chocolate MILK,1% Lowfat

Green Highlight=Seasonal scratch recipe available

Yellow Highlight= Harvest of the Season item, source locally when possible



\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

***NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.***