

Title: Apple Breakfast Crisp

Recipe Code No: Category: Breakfast Cooking Process: #2 Same Day Service

50 Servings			
Ingredients	Weight	Measure	Directions
Apples, fresh, cored and sliced, EP	11 b 9 oz		 Preheat convection oven to 350°F. Rinse apples under running water. Core and slice apples and set aside. Do not peel. Note: If available, use a fruit sectionizer with an
Butter, melted	1 lb		apple/pear blade to slice and remove core.3. Spray two full size 2-inch-deep steam table pans with pan release.
Water		1 cup	4. Weigh and melt butter. Set aside. (May substitute margarine.)5. Place apple slices in a large mixing bowl. Pour water and lemon juice over apples and toss to coat.
Lemon juice		1 Tbsp	6. Add ½ cup sugar and 1 tablespoon cinnamon and toss well to coat.7. Divide seasoned apples evenly between prepared pans (about 1½
Sugar, granulated		½ cup	gallons in each pan). 8. In a large bowl or mixer bowl with flat paddle, combine melted butter, oats, brown sugar, flour, and 1 tablespoon cinnamon. Mix
Cinnamon, ground, divided		2 Tbsp	until crumbly. 9. Place 1 1/2 quart of oat topping over each pan of seasoned apples.
Oats, rolled, old fashioned	1 lb 9 oz		10. Bake uncovered at 350°F for approximately 40 minutes or until topping is golden brown and apples are soft when pierced with a fork. Do not overcook apples or they will be mushy.
Sugar, brown	12 oz		CCP: Heat to a minimum internal temperature at or above 135°F.
Flour, whole wheat	10 oz	_	 CCP: Hold for hot service at or above 135°F. 11. In a large bowl, combine Greek yogurt and 1 tablespoon cinnamon. Whisk until combined. Set aside.
Yogurt, Greek, vanilla, fat free	12 lb 8 oz		CCP: No bare hand contact with ready-to-eat food. CCP: Hold and serve at or below 41° F.

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Ingredients	Weight	Measure	Directions
Cinnamon, ground		1 Tbsp	12. Serve #6 scoop (% cup) of baked crisp with #8 scoop (% cup) of cinnamon yogurt.

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Meal Components: ½ cup Fruit, 1 oz eq WGR Grain, 1 oz eq M/MA

Notes:

*See Marketing Guide for purchasing information on foods that will change during preparation or when a variation of the ingredient is available.

Marketing Guide Food as Purchased for	50 Servings
Apples, fresh 125-138 count Whole, Includes USDA Foods	12 lb 12 oz

Serving

% cup baked crisp with ½ cup yogurt provides ½ cup fruit, 1 oz eq WGR grain, and 1 oz eq m/ma.

Nutrients Per Serving								
Calories	315	kcal	Sat Fat	5	g			
Protein	12.5	g	Chol	23	mg			
Carb	49	g	Sodium	100	mg			
Total Fat	9	g	Dietary Fiber	5	g			