



# FARM-TO-SCHOOL PRESENTATION

FUEL UP TO PLAY 60 | DAIRY COUNCIL OF UTAH/NEVADA

## OBJECTIVE

Learning about the work of dairy and other farmers in producing nutritious foods can help students better appreciate the variety of foods available, and where those foods come from.

## RESOURCES

Visit the Farm-to-School Webpage to access handouts, videos, and additional resources.

## HOW TO PREPARE

MATERIALS NEEDED:

- Classroom computer, projector, and speakers
- Internet access
- Zoom Link: <https://zoom.us/j/8626034175>

## WHAT TO EXPECT

THE FARM-TO-SCHOOL PROGRAM WILL CONSIST OF THREE PHASES:

**1) PRESENTATION**

PowerPoint presentation including information on healthy dietary choices, dairy, and physical activity. (about 15 minutes)

**2) VISIT-THE-FARM EXPERIENCE**

An on-the-farm experience over the internet. Farmer will give a tour of the dairy farm and answer live questions from students. (about 10-20 minutes)

**3) SENSORY ACTIVITY**

- Activities vary based on time and resources. Activities may include:
- Milking a life size plastic cow, exploring feed samples, butter churning, and more.



## FOLLOW-UP

Upon completion of the farm-to-school program you will be asked to either fill out a written or online survey to help us improve the presentation.

## CONTACT

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