GREEN BEANS

Green beans are good for your body. They have many vitamins to help your body grow.

There are two kinds of green beans. Pole beans grow much like a climbing vine. Bush beans spread up to two feet. They stay lower to the ground.

Bean pods can be green, yellow, purple, or even speckled with red!

Green Bean Fries

- 1/4 lb. green beans washed and trimmed
- 1/4 c. Parmesan cheese grated
- Dash of garlic powder
- 1/2 c. bread crumbs
- 1/4 c. flour
- 1 egg

Instructions

1. Preheat oven to 425°F
2. Line a baking sheet with foil and cooking spray
3. Make three stations
   - In bowl #1, add flour; in bowl #2, add beaten egg; in bowl #3, combine bread crumbs, Parmesan cheese, and garlic powder
4. Dip green beans in bowl #1 (flour), then bowl #2 (egg), then in bowl #3 (bread crumb mixture)
5. Make sure the bread crumbs completely coat each green bean
6. Place coated green beans in a single layer on the prepared baking sheet
7. Bake for 10-12 minutes

Do you think Jack’s Beanstalk was a pole bean or a bush bean? Why?
How long is it?

Measure the green bean, carrot, and pecan in inches. Write your answer in the blank next to the picture.

1. Which one is the longest? ______________________
2. Which one is the shortest? ______________________

_______ inch

_______ inches

_______ inches

Rhyme Time

Draw a line between the rhyming words.

nook — shoot
lean — dry
root — book
bunch — lunch
sun — bean
vine — fun
high — line

READING CONNECTION

Green Bean! Green Bean!
by Patricia Thomas