## GREENBEAN



Green beans are good for your body. They have many vitamins to help your body grow.

There are two kinds of green beans. Pole beans grow much like a climbing vine. Bush beans spread up to two feet. They stay lower to the ground.

Bean pods can be green, yellow, purple, or even speckled with red!



1/4 lb. green beans washed and trimmed

1/4 c. Parmesan cheese grated

Dash of garlic powder

1/2 c. bread crumbs

1/4 c. flour

1 egg

## Instructions

- Preheat oven to 425° F
- Line a baking sheet with foil and cooking spray
- 2. Make three stations In bowl #1, add flour; In bowl #2, add beaten egg; In 3. bowl #3, combine bread crumbs, Parmesan cheese, and garlic powder
  - Dip green beans in bowl #1 (flour), then bowl #2 (egg), then in bowl #3 (bread crumb mixture)
- Make sure the bread crumbs completely coat each 5.
- Place coated green beans in a single layer on the 6. prepared baking sheet
- Bake for 10-12 minutes







Follow the QR code for a fun green bean song!



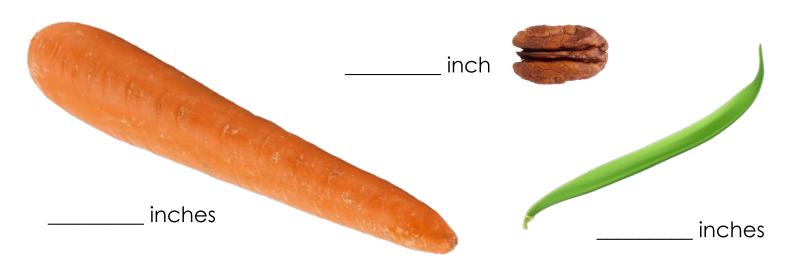
Do you think Jack's Beanstalk was a pole bean or a bush bean? Why?



## How long is it?

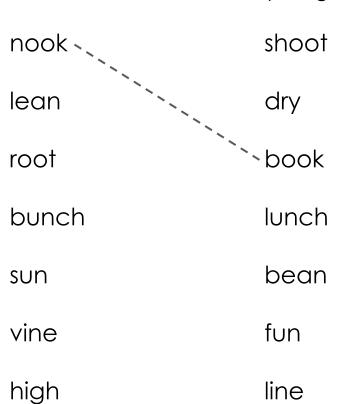
Measure the green bean, carrot, and pecan in inches. Write your answer in the blank next to the picture.

- 1. Which one is the longest?
- 2. Which one is the shortest?





Draw a line between the rhyming words.



## READING CONNECTION





<u>Green Bean! Green Bean!</u> by Patricia Thomas

