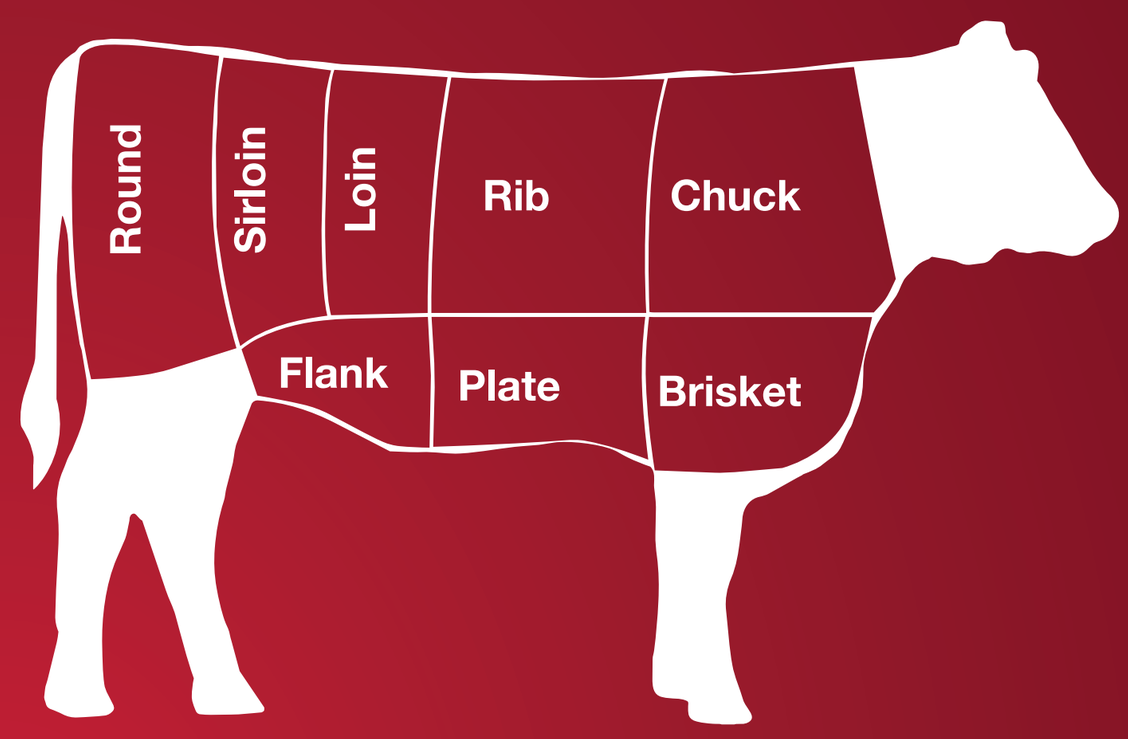
Beef

OKLAHOMA AG IN THE CLASSROOM

Primal Cuts of Meat



ZIP

Zinc	Iron	Protein
53%	15%	51%

3oz serving for Daily Value Nutrition

ZIP supports immune function, carries oxygen in the blood, and builds and repairs body tissues.

Popular Dishes

Hamburger

Steak

43,000
Beef Producers

Did You Know?

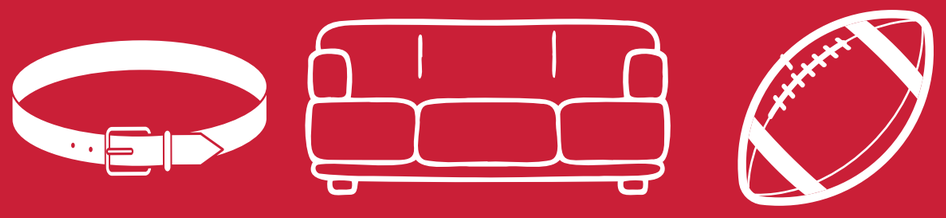
- There are more cows than people in Oklahoma.
- Cattle is Oklahoma's top commodity.
- Oklahoma ranks 2nd in US cattle producing states.
- There are cattle in all 77 Oklahoma counties.

By-Products



Cosmetics, Pet Food, Medication

Leather Products



Belt, Furniture, Football

OKLAHOMA BEEF COUNCIL