

Soybeans are plants in the legume family. They are planted in the spring. Soybeans are harvested in the fall. Each plant has up to 80 pods. There are 2-4 pea-sized beans in each pod. Soybeans were first grown in China.

People and animals eat soybean products. Most soybeans grown in the United States are used in livestock feed. The oil from soybeans is in many packaged foods. It is also in soy sauce, tofu, and soy flour.

Soybeans need good soil to grow. They also need water, sunlight, and food.

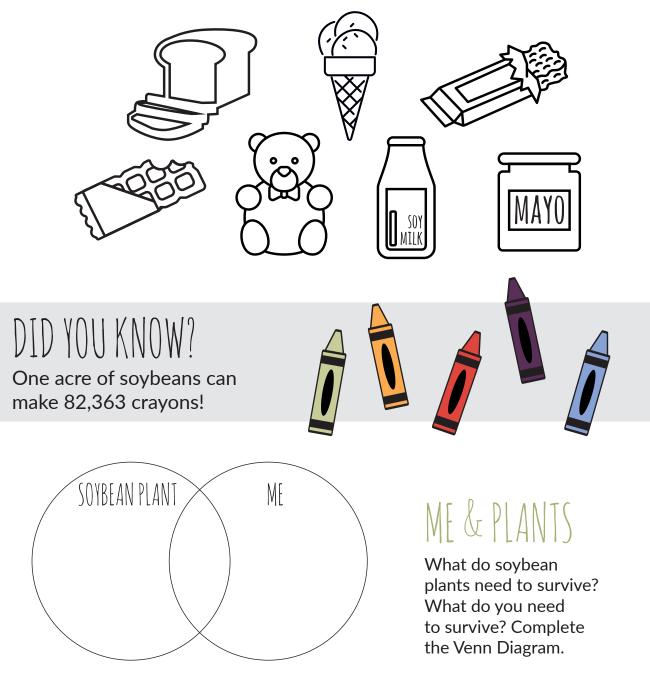






## HAVE YOU EATEN SOYBEANS?

The items below have soy in them. Color the pictures. Circle the foods you eat. Underline the item you play with.







Listen as the soybean farmer reads the book.

