



SHEEP

EARLY CHILDHOOD

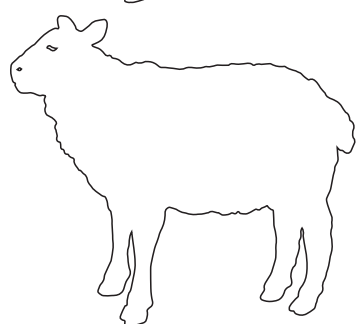
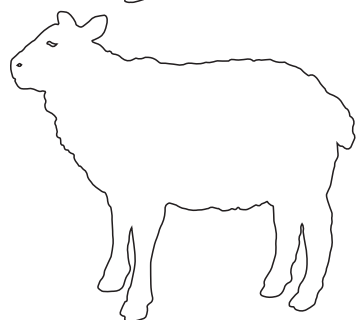
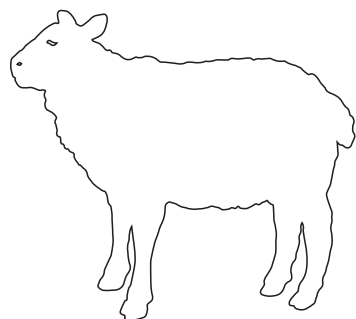
Sheep are raised for wool and meat. Most of the sheep in Oklahoma are meat breeds. Lamb meat is good for you. It has many vitamins and minerals. One sheep produces eight to 10 pounds of wool per year.

Sheep are very gentle. They are easily frightened. They stand together to stay safe. Donkeys or guard dogs are kept with sheep to keep them safe.



COLOR THE SHEEP

Sheep can be many different colors. They can be white, black, brown, or spotted. Color the sheep different colors.



FUN FACTS!

One pound of wool can make 10 miles of yarn.

Sheep grow two teeth a year until they have eight.



WRITING WITH WOOL

MATERIALS:

- Construction paper
- Wool yarn
- Craft glue
- Markers
- Scissors

INSTRUCTIONS:

1. Write your name with a marker on the construction paper.
2. Trace the letters with the craft glue.
3. Place a piece of wool yarn on each letter of your name, tracing the glue.
4. Cut off the excess yarn.

LAMB MEATBALLS

ASK AN ADULT FOR HELP



INGREDIENTS:

- 1 pound ground lamb
- 1 small onion, grated
- 1 egg, beaten
- 1 clove garlic, minced
- 1/2 teaspoon allspice
- 1/2 teaspoon paprika
- 1/2 teaspoon cumin
- 1/2 teaspoon salt
- 1/4 teaspoon pepper

DIRECTIONS:

1. Mix ingredients together in a large mixing bowl with your hands.
2. Wet your hands, then scoop out a handful of the mixture and roll into a tight ball (press down if you'd rather make patties than balls).
3. Deep fry in hot oil or pan-fry over medium heat until brown, turning regularly.
4. Serve in pita bread with a scoop of Greek yogurt and fresh cucumber slices.