



MUSHROOMS

EARLY CHILDHOOD

Mushrooms are not plants. They are fungi. They do not need sunlight to grow. Mushrooms like to live in dark, damp places. They grow from spores not seeds.

Mushrooms have many vitamins and minerals. There are many kinds of mushrooms. People can eat some of them but not others. Some wild mushrooms are poisonous.



HOW WIDE ARE THE MUSHROOMS?

Measure the mushrooms. Write your answer in the blanks.



____ inches
____ cubes



____ inches
____ cubes



____ inches
____ cubes

MUSHROOM STAMPING

ASK AN ADULT FOR HELP



INGREDIENTS:

- Mushrooms (any gilled variety)
- Stamp pad
- Matte paper

DIRECTIONS:

1. Cut off the stems of the mushrooms, being careful to leave the gills (the papery ribs on the underside of the cap) intact.
2. Press the stamp pad onto the underside of the mushroom cap and repeat until the ink covers the surface.
3. Gently, but firmly, press the caps (ink side down) onto the paper.

MAKE YOUR OWN MUSHROOM PIZZA



Watch the video to learn how to make your own pizza. Decorate your own pizza below!

