Cows make milk for their babies like all mammals. People also drink the milk from cows. Cows must be milked for people to have milk to drink.

Dairy farms are places where cows are milked. Dairy farmers raise milk cows. Dairy farmers feed and care for their cows. They keep them healthy and safe.

Dairy farmers milk their cows two or three times a day. They use a machine to milk the cows. The cow's milk is stored in a tank. The tank keeps it cool and fresh. Milk is taken from the farm to the factory by trucks. Milk is tested to make sure it is safe to drink. It is put into cartons. Then, it is taken to the store for people to buy. It takes 48 hours for the milk to go from the cow to the store!

All dairy foods come from milk. Dairy foods include milk, cheese, and ice cream. People need to eat three servings of dairy each day.
DAIRY PRODUCT MATCHING
Connect the words to their matching picture.

MILK           YOGURT           ICE CREAM           BUTTER           CHEESE

COUNT THE SPOTS
No two cows have the same spots! Count the spots on the cows.

___________ SPOTS

___________ SPOTS

FUN FACTS!
Milk is good for your teeth and bones.
All 50 states have dairy farms.

LEARN MORE ABOUT COWS
Scan to learn about milking cows and making ice cream.