

Introduction:

Name of Students: Claire, Amira, Eliza, Michaela, Kylin, Chantalise, Max, Olivia

Grade of Students: 5th Grade

Product Name: Inside Out Slider

School Name: Truxton Academy Charter School

Teacher Name: Chelsea Lembo

Product:

Description of your meal: This is a unique slider made with locally sourced beef from New Penn Farm.

Slogan: "Truxton, We Have The Beef!"

Recipe: Thaw meat ahead of time. Serving Size- 6 Sliders

- 1) Mix ground beef, preferred spices (like salt, pepper, garlic, onion), bread crumbs, and an egg. From the mixture, create 12 beef patties. (For best flavor, use chuck cut ground beef.)
- 2) Turn on the pan or grill to medium-high heat. Put oil on the pan.
- 3) Cook the sliders for 2 -3 minutes per side.
- 4) Put 1 piece of cheese on each slider and cook for 1 minute.
- 5) Remove from heat and place lettuce, tomato, and pickles to 6 of the patties. Top them with another patty to create an Inside Out Slider!
*Add ketchup and mustard if you want!
- 6) And on the side we have carrots, mozzarella sticks, peaches and milk are on the side
- 7) Enjoy your sliders!!!

Nutrition Information:

Meal Component	Ingredient	Measurement
Meat/Protein	Ground Beef	1 ½ pounds
Vegetable	Lettuce	1-2 oz
	Carrot	¼ cup
Fruit	Tomato	1-2 slices
	Pickles	2-3 slices
	Peaches	¼ cup
Dairy	Milk or chocolate Milk	1 glass full

	American cheese	1 pack
	Mozzarella sticks	2 sticks
Grain	Bread crumbs	1 cup

Storage & Handling: Store ground beef in the refrigerator or freezer prior to cooking.

Marketing: For our marketing campaign, we created a poster about the Inside Out Slider. In one part of our poster has a sea of sliders, it also has a cat eating a inside out slider, and of course you have your sea turtles crossing Truxton grounds with inside out sliders on their backs, Don't forget the slider monster who is coming to Truxton to get some delicious inside out sliders.

Beef Cow Facts:

- Beef cows are fed with grass and hay
- Some beef cows are angus
- One steer makes enough hamburgers to make 720 ¼ pound burgers.

Our patties are made from locally sourced beef from New Penn Farms! It is Keto-friendly. Our slider is an original Truxton creation. The meat is from the chuck which has a perfectly well blended flavor because it has a good blend of fat and meat. Truxton...we have the beef!!!