

# NUTRITIONIST





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<http://www.fusiongrant.org/educational.php>

## Description:

Nutritionists plan food and nutrition programs and supervise the preparation and serving of meals. They also help prevent and treat illnesses by promoting healthy eating habits and recommending dietary modifications.

## Median Wage (as of 2005):

\$45,950

## Level of Education:

B.S., M.S., R.D. (Registered Dietician) recommended

## Job Outlook (through 2014):

18-26% increase in number of jobs

## Examples of Colleges & Affiliated Programs:

**Cornell University** – Nutritional Sciences; Human Biology Health and Society; Biology

**University of Rochester** – Health & Society

**Russell Sage College** – Nutrition

**Ithaca College** – Nutrition Promotion; Nutrition Science

**D'Youville College** – School of Health and Human Services – Dietetic and Nutrition Program

## Employers (NY):

**Hospitals** – Strong Memorial Hospital; Rochester General Hospital; Geneva General Hospital; Finger Lakes Health; Newark Wayne Community Hospital; Mount Siani Hospital, New York University

**Nursing Care Facilities/Outpatient Care Centers** – Finger Lakes Surgery Center; Finger Lakes Medical Care Center; Leroy Village Green; Arnot Ogden Medical Center

**State and Local Governments** – USDA; FDA; United States Department of Veterans Affairs; New York State Department of Health; New York State Department of Agriculture & Markets; Area Correctional Facilities and Prisons (Attica, Groveland); Family and Individual Services

**Colleges & Universities** – University of Rochester; Cornell University; Rochester Institute of Technology (RIT); University at Albany (SUNY); Ithaca College

**Private Sector** – General Mills; Tyson Foods; Upstate Farms Milk Cooperative; Coca-Cola Co.; Wegmans Food Markets, Inc.; Private Consulting

## High School/College Courses to Take:

Food Science, Nutrition

Institution Management

Chemistry, Biochemistry, Biology, Microbiology

Anatomy, Physiology

Business, Mathematics, Statistics, Economics

Computer Science

Psychology, Sociology



Cornell University