**Pumpkin Muffins**

**Ingredients:**

1 ½ cups sugar ½ cup vegetable oil

2 eggs

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1 ½ cups flour 1 teaspoon baking soda

1 ½ teaspoons baking powder ¾ teaspoons salt

½ teaspoon cinnamon 1/4 teaspoon ginger

1/8 teaspoon nutmeg 1/8 teaspoon cloves

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1/3 cup water

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1 cup pumpkin puree

**Procedure:**

1. Wash hands.
2. Clean counters. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Mise en place equipment and ingredients. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. Preheat oven to 350\*F. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. Prepare muffin pan with muffin liners. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. In a large bowl, stir together the sugar and oil. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. In a small bowl, crack eggs into it, checking for egg shells and blood. Pour into large bowl.

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1. In another large bowl, whisk the flour, baking soda, baking powder, salt, & spices. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. Add these dry ingredients alternately with the water to the sugar-oil-egg mixture. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Stir/Fold in the pumpkin. DO NOT OVERMIX! \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. Scoop batter into prepared muffin pan. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. Bake for 20 minutes or until golden brown. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. Wash the dishes. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. Clean the counter tops and oven. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
8. Dry and put all the dishes away. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
9. Organize cabinets and sink. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
10. Sweep the floor. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_