

Berry American Ice Cream

Ingredients:

- 1 ½ cups heavy cream
- 1 ½ cups whole milk
- $\frac{2}{3}$ cup cane sugar
- 2 teaspoons vanilla extract
- $\frac{1}{8}$ teaspoon sea salt
- 1 cup of chopped strawberries
- 1 cups of mashed blueberries
- $\frac{1}{2}$ cup of strawberry jam

Directions:

In a bowl add heavy cream, whole milk, cane sugar, vanilla extract, and sea salt. Stir with a whisk until sugar is dissolved. Pour mixture into a frozen ice cream maker bowl. Mix for 30 minutes. Add into prepared ice cream 1 cup of chopped strawberries, 1 cup of mashed blueberries, and 1 /2 cup of strawberry jam. Stir until all swirled together.

