

DAIRY Cattle



Let's learn all about them!

CATTLE FACTS

- Dairy ranks as one of the top two agriculture commodities in NM.
- A cow will produce ~200,000 glasses of milk in her lifetime.
 - That's 90 glasses per day!
- Milk has *13 essential nutrients* in every serving (1 cup), including, protein, zinc, selenium, vitamin A, and vitamin D, which contribute to a healthy immune system.
- When you let fresh milk sit for a while, the cream will rise up to the top .

VOCABULARY

- **CATTLE** - multiple bovines, males and/or females of any age.
- **CALF** - is a bovine offspring that is less than a year old.
- **COW** - is a female bovine that has given birth to a calf.
- **BULL** - is a male bovine that is able to reproduce.
- **HEIFER** - is a female bovine that has not had a calf.
- **STEER** - a male bovine that has been castrated - similar to neutering a dog or cat.
- **UDDER** - the mammary gland of cows, where milk is produced.
- **TOTAL MIXED RATION** - Feed mix of protein, vitamins, and minerals.



Dairy Cattle Quiz

How many nutrients does milk contain?*

- A. 3
- B. 5
- C. 1
- D. 9

*For the correct answer, scan the QR code to find out.

DID YOU KNOW?

There are 7 main dairy breeds: holstein, guernsey, jersey, ayrshire, brown swiss, milking shorthorn, and red & white.

Cows are milked 2-3 times per day.



For more DAIRY information, visit www.nmaitc.org

Scan this QR code.

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