

BEEF

Cattle



Let's learn all about them!

CATTLE FACTS

- NM ranching families have been raising cattle for over 400 years.
- Cattle are ruminants - they have four chambers in their stomach.
- Cattle convert plant materials, like grass that we cannot eat, into a food rich with nutrients for humans.
- Beef is an excellent source of zinc, iron, and protein (ZIP).
- Beef is a complete protein source - it provides the amino acids that your body can't produce.

VOCABULARY

- **CATTLE** - multiple bovines, males and/or females of any age.
- **CALF** - is a bovine offspring that is less than a year old.
- **COW** - is a female bovine that has given birth.
- **BULL** - is a male bovine that is able to reproduce.
- **HEIFER** - is a female bovine that has not had a calf.
- **STEER** - is a male bovine that has been castrated - similar to neutering a dog or cat.



Cattle Quiz

How far can cattle detect smells?*

- A. 12 Yards
- B. 6 Feet
- C. 6 Miles
- D. They Can't Smell

*For the correct answer, scan the QR code to find out.

DID YOU KNOW?

Cattle byproducts are found in: insulin, first aid creams, soaps, insulation, lotions, sticky parts of bandaids, and so much more!

Glue from beef protein is used to make the body of cars.

1 cowhide = 12 basketballs, 144 baseballs, or 20 footballs



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