



Parts of a Plant We Eat – Hoop Activity

48 plant parts (8 per plant part)

1. Seeds

1. Pinto Bean
2. Mustard Seed
3. Pistachio
4. Pecans
5. Corn
6. Pumpkin Seeds
7. Rice
8. Peanuts

2. Roots

1. Carrot
2. Radish
3. Turnip
4. Jicama
5. Rutabaga
6. Beet
7. Parsnip
8. Yucca

3. Stem

1. Asparagus
2. Celery
3. Bamboo shoots
4. Ginger
5. Potato
6. Onion* (bulb)
7. Rhubarb
8. Sugar Cane

4. Leaf

1. Swiss Chard
2. Lettuce
3. Spinach
4. Kale
5. Mint
6. Basil
7. Cilantro
8. Cabbage

5. Flower

1. Broccoli
2. Artichoke
3. Cauliflower
4. Dandelion
5. Lavender
6. Chamomile
7. Hibiscus
8. Jasmine

6. Fruit

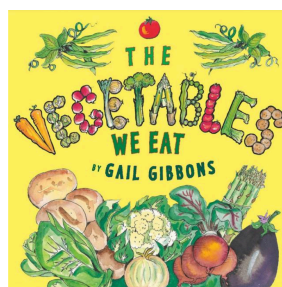
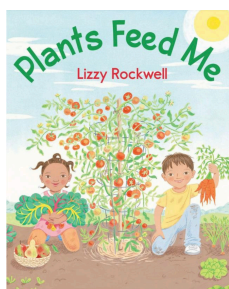
1. Cucumber
2. Peach
3. Tomato
4. Strawberry
5. Cherry
6. Pear
7. Apple
8. Chile

How to Play: (K-2)

1. Students will form a circle around the 6 hula hoops (labeled/pictured with printed sheets: seeds, roots, stem, leaf, flower, and fruit).
2. Students will take turns determining which edible plant part is shown that matches the part of the plant label that is inside one of the 6 hoops.
3. They will then step into the hoop with their bean bag (if they are good listeners, they can toss it in).
4. Each player can earn 1 point for their class for making it into the correct circle. Every student will play once (but if time allows, go 2-3x).
5. If MORE than 75% of the class gets their answer correct, they win the signed “Bean Bag Tossing Champs” certificate to hang up in their room *(if there are 20 kids, 16 or more need to be correct)*.

How to Play: (3-5)

1. Place 6 hula hoops on the floor. Lay plant part cards in each hula hoop to distinguish them; roots, stems, leaves, flowers, fruit, and seeds.
2. Separate the class into two teams (ask teacher to split them up if you need help). Each student will determine which edible plant part is shown on the picture and then try to throw it into the correct hula hoop.
3. Each player can earn three points for their team.
 - a. Two points can be earned for correctly identifying the edible part of the plant.
 - b. An additional point can be earned if their beanbag lands in the correct hula hoop.
4. The team with the most points wins the signed “Bean Bag Tossing Champ” certificate to hang up in the room.



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