



Windowsill Greenery in Winter

You can use vegetable 'garbage' to grow greenery. One way to start this is to select a water tight container large enough to hold the vegetable you wish to plant. Fill two-thirds of the container with rinsed, white pebbles or decorative glass pieces. Place the roots on top of the pebbles and fill in around them with more pebbles. Allow one third of the plant part to show above the pebbles. Add water to the level of the pebbles and maintain this level at all times.

Carrot: Carrots have lovely feathery green leaves.

Cut off the top two inches of several carrots. Follow the directions above. Put in bright light. After the green leaves appear, the plants are short lived- 3 to 6 weeks, but since they are so easy to grow you can have sprouting carrot tops as often as you use carrots in preparing meals.

Onion: Onions can be grown on pebbles or in soil. Leave the dish in a bright place. Roots will emerge from the bottom of the bulb first, followed by green shoots out the top.

Don't Throw it, Grow it! 68 Windowsill Plants from Kitchen Scraps by Deborah Peterson and Milicent Selsam