

# Vegetable Nutrition Comparison

<b>Vegetable</b>	<b>Serving Size</b>	<b>Calories</b>	<b>Total Fat</b>	<b>Protein</b>	<b>Dietary Fiber</b>
Asparagus					
Beets					
Broccoli					
Cabbage					
Carrots					
Celery					
Lettuce					
Onions					
Potatoes					
Radishes					