

## Effects of malnutrition

If food production falls below 450 units, your village will suffer from malnutrition and illness, affecting the residents' ability to work in the fields the following year. Use this chart to calculate malnutrition in your village based on the total food unit yield for each year.

<b>Food units</b>	<b>Loss from malnutrition next year</b>
450 and above	Lose 0 units
400–449	Lose 25 units
350–399	Lose 40 units
300–349	Lose 55 units
250–299	Lose 65 units
0–249	Lose 70 units