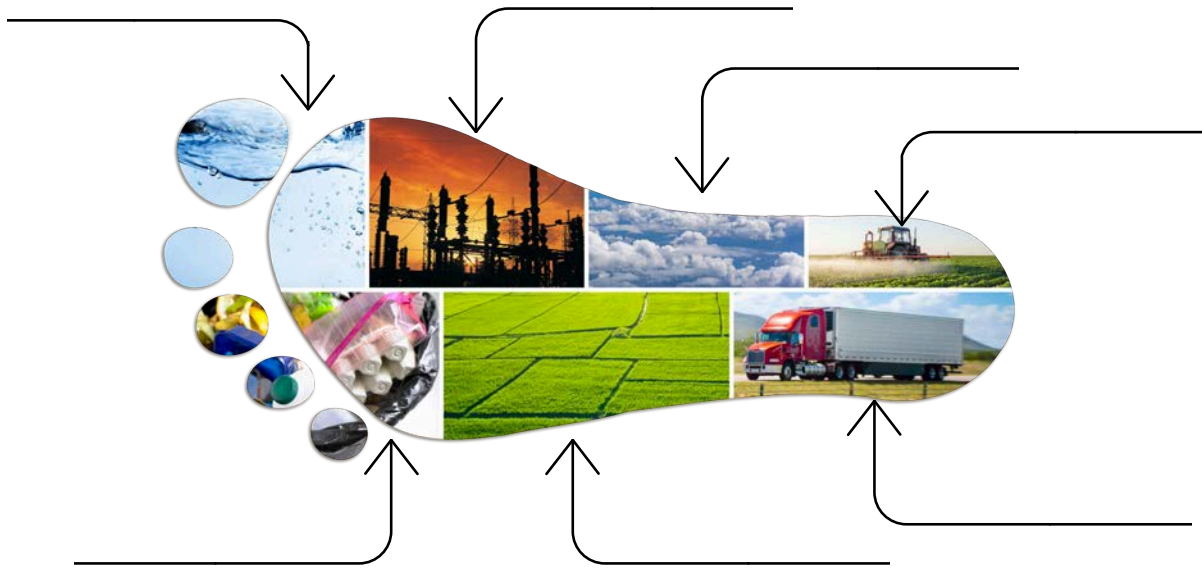


Name: _____

The Environmental Cost of Food

Explore modern livestock production practices and the ecological footprint of meat, milk, and egg production.

Activity 1: What contributes to the overall environmental footprint of our food?



Activity 2: Identifying Environmental Impact from Farm-to-Fork

Create a bar graph below representing the environmental impact of each food group.



Fruits & Vegetables



Grains



Meat



Milk, Eggs, Nuts



Conclusion:

Consider what you have learned about the environmental impact of producing different types of food. Divide the plate below into a pie graph representing the portion of your diet you want to devote to each food group to have an environmentally-balanced diet.

Fruits & Vegetables



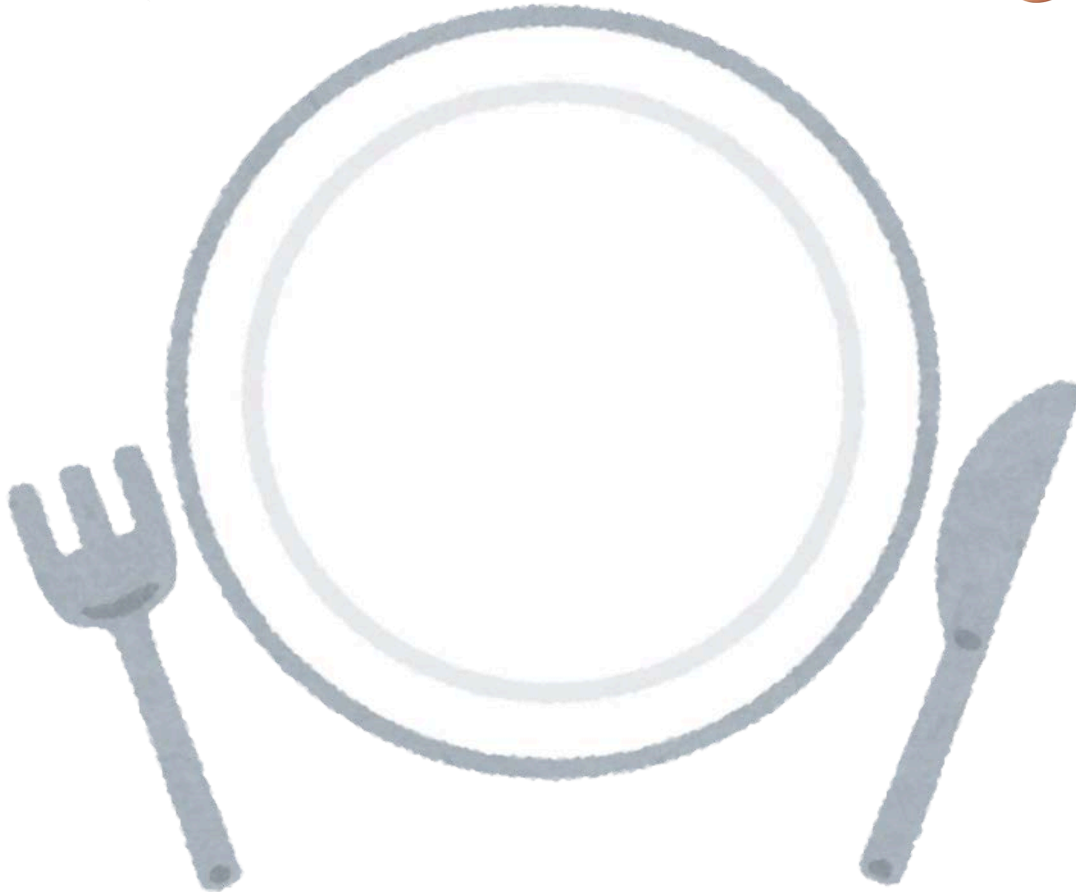
Grains



Meat



Milk, Eggs, Nuts



Write a conclusion and action statement:

Describe what you believe are the best habits and principles in food selection that will support a sustainable future for the planet.