

Name:

Food and Space

How do You Make Freeze-Dried Food

1. What is the difference between freeze drying and dehydration?
 2. Where and how did freeze drying begin?
 3. What is one interesting thing you learned about freeze drying?
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Is Freeze-Dried Food Healthy?

1. Why is freeze-dried food ideal for space travel?
 2. What are some benefits of freeze-dried foods?
 3. What are some concerns with freeze-dried foods?
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Freeze-dried Food in Space

1. Why is freeze dried food perfect for space?
 2. What does eating in space look like?
 3. What is one interesting thing you learned from this article?
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Eating in Space

1. What are the different forms that food comes in for astronauts?
2. What is unique about using condiments in space. What is a limitation?
3. What do nutritionists ensure that the food for the astronauts provide?