

Name \_\_\_\_\_

**From Farm to Table: Determining the Level of Food Processing**

| <b>Food Product</b> | <b>Number of Ingredients</b> | <b>Packaging<br/>(Box, Bottle, Bag, or Can)</b> | <b>Storage Temperature</b> | <b>Level of Processing<br/>(High, Moderate, Minimal)</b> |
|---------------------|------------------------------|-------------------------------------------------|----------------------------|----------------------------------------------------------|
|                     |                              |                                                 |                            |                                                          |