

Pizza Domino's Pizza can be found in more than 1/3 of the schools in this country.



Milk Many schools in this country offer regular, chocolate, or strawberry milk at lunch.

Fruit In this country, fruit typically comes from a can; however, some schools offer fresh fruit.





Miso Soup Students enjoy eating this healthy soup at lunch. Miso soup typically contains tofu and seaweed.



Fish

Students in this country eat nearly their weight in seafood! Mackerel, salmon, and sardines are the most common.



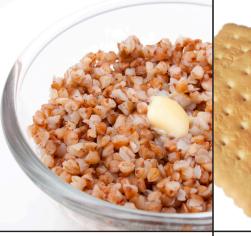
Cheese Students in this country enjoy a cheese course during lunch.

Packaged Treats Students enjoy small, packaged snacks because they are quick and easy to eat.



Bananas

This country is one of the top banana producers in the world. Students enjoy eating local, fresh fruit. Kasha This porridge is made from toasted buckwheat and other cereals like oatmeal.





High Energy Biscuits

These biscuits are a mix between cookies and crackers and offer students a high amount of vitamins, minerals, and protein.



Sandwiches Even though there are students from all parts of the world that live in this country, sandwiches are the most common item in lunch boxes.



Passion Fruit Juice Soda has been banned from many schools in this country. Instead, students typically enjoy passion fruit juice.

Roast Beef & Gravy This is a meal commonly eaten for "school dinner" in this country.



Yorkshire Pudding Students in this country often eat this puffy pastry with roast beef and gravy.





Torta Many students bring this type of sandwich from home to eat during lunch.

Borsch This colorful soup gets its color from beets and can be eaten hot or cold.

Bok Choy Traditional lunches in this country usually consist of rice and vegetables with meat.



Quinoa

Quinoa is a highly nutritious seed grown in the Andes Mountains. This dish is usually eaten as a porridge in this country.

Beans In this country, beans are commonly eaten with rice and meat at lunchtime.



Guinea Pig In this country, people have eaten guinea pig for many centuries. It is a good source of iron and protein for students.

Hot Soup Students in this country enjoy hot soup as a side dish during lunch.





Dal

This dish is made from cooking lentils and spices. Dal provides students with protein, iron, and fiber.



Toasted Grasshopper *Chapulines* are cooked with lemon juice, salt, and garlic, and are considered a treat in parts of this country!

Porridge

Each day, students in this country line up with a plastic mug to receive porridge for lunch.

