

Meat Franks

Nutrition Facts

Serving Size: One Frank (45g)

Servings Per Container: 10

Amount Per Serving

Calories 45 **Calories from Fat 15**

% Daily Value*

Total Fat 10g **15%**

 Saturated Fat 7g **35%**

Cholesterol 15mg **5%**

Sodium 430mg **18%**

Total Carbohydrate 2g **1%**

 Dietary Fiber 0g **0%**

 Sugars 2g

Protein 5g

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2000	2500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2400mg	2400mg
Total Carbohydrate			300g	375mg
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: beef and pork, water, hydrolyzed vegetable protein, beef broth, potassium lactate, salt, corn syrup, dextrose, hydrolyzed milk protein, flavoring, smoke flavoring, ascorbic acid (vitamin C), oleoresin of paprika, sodium nitrate.