

THE SUNFLOWER IS THE ONLY FLOWER WITH “FLOWER” IN IT’S NAME.

The sunflower is the state flower of Kansas.

FROM SUNRISE TO SUNSET, SUNFLOWERS TRACK THE SUN.

THERE ARE ABOUT 70 SPECIES OF SUNFLOWERS.

SUNFLOWER

Fun Facts

SUNFLOWERS TYPICALLY GROW BETWEEN 5 AND 12 FEET TALL.

EACH SUNFLOWER CAN CONTAIN AS MANY AS 1,000 TO 2,000 SEEDS.

SUNFLOWERS ARE NATIVE TO AMERICA AND HAVE HISTORICALLY BEEN USED TO MAKE MEDICINE, DYE, FOOD AND OIL.

SUNFLOWER IS NOTABLE FOR TURNING TO FACE THE SUN, A BEHAVIOR KNOWN AS HELIOTROPISM.



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