

# Honey

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## Activity #12: The Many Uses of Honey

### Objective:

Students will research the ways in which honey is used.

### Preparation:

Set up a field trip to a local grocery store or health food store. Make sure to get permission from the store manager. If an outing is not possible, ask each student to bring in a package of a product containing honey. Ask them to put their names on the products if they wish to have them returned.

### Materials:

Copies of "The Many Uses of Honey Data Sheet" on the next page and examples of products containing honey.

### Essential Skill:

Science

### Discussion:

What kinds of products contain honey? Have students take notes on what types of products contain honey. (Cereals, cookies, health foods, cosmetics, etc.) What is honey used for in food products? Why would honey be used instead of another sweetener? Show students examples of products containing honey. Explain how to find ingredient lists, and why ingredients are listed in a particular order. (Ingredients are listed in order of amount contained in the product.)

### Procedure:

- Give each student a copy of "The Many Uses of Honey Data Sheet" on next page.  
Explain each section of the chart.
- Have the students work in pairs.
- If going to a grocery store:  
Give the students 30 minutes to find products containing honey. Ask them to fill out each section as completely as possible. Have them share their findings with other pairs of students when back in the classroom.
- If using products brought in by the students:  
Set products up around the room and give students time to walk around, observe each product, and fill out his or her chart.
- As a class, discuss the findings and formulate conclusions.

### Estimated Time:

1-2 class periods

