

Taste and Teach

October - Apples



Five **Fun Facts** About Apples!

- On average, Americans eat more apples than any other fruit.
- More than 25% of an apple's volume is air, which is why they float in water.
- The four leading varieties of California apples are Gala, Granny Smith, Fuji, and Cripps Pink.
- It takes approximately 36 apples to create one gallon of apple cider.
- Apple trees are not typically grown from a seed because it takes about 15 years for an apple seed to mature and produce fruit. Instead, most apple trees are grown by grafting. (Learn about grafting in the January section; walnut trees are also grafted.)

Four **Fun Teaching Ideas!**

- Watch this video on apples from General Produce: www.youtube.com/watch?v=0HxaCLyPQtE
- Have students read the story, *The Incredible Apples*. This was the sixth grade winning story in the 2015 *Imagine this...* Story Writing Contest. Then, have students write their own creative plots related to apples or another California grown commodity. Submit the top five entries from your class by November 1, and your students will have a chance to become published authors! See details in the contest flyer, and watch videos at **LearnAboutAg.org/imaginethis**.
- Compare the earth to an apple! Try the *Comparing Apples and...Earth?* Ag-Bite activity.
- Have students write a poem about apples, using their five senses. See the *A is for Apples* lesson plan.



Explore all the great apple resources in this section!