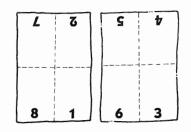
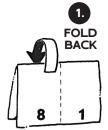
## Assembling Mini Books



Mini books offer valuable content information in a kid-friendly format. Each student can be given his or her own book to keep. They can also color, draw, or annotate the book as instructed by their teacher. These books also provide a great home link, as students can take them home and share the information they are learning with their family.

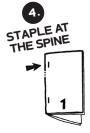
To assemble a book follow these simple instructions.



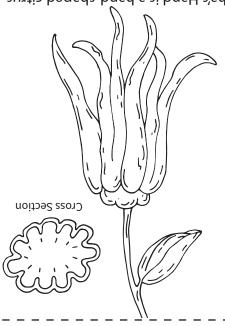




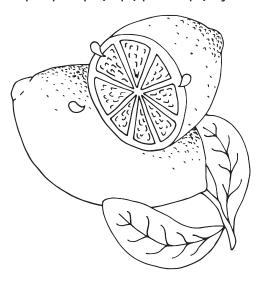




Buddha's Hand is a hand-shaped citrus variety that originated in Asia and was grown for thousands of years for its fragrance. The fruit is not eaten whole, but the rind is often used to add citrus flavor into recipes. In Japan, Buddha's Hand is a popular gift for the New Year—people believe it brings good luck.



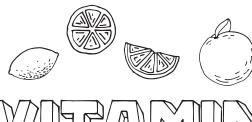
Citrus fruit has a thick rind and pulpy center. Inside, the fruit is divided into segments, and those segments are filled with juice. Grapefruit, oranges, lemons, limes, kumquats, mandarins —these are all types of citrus fruit.



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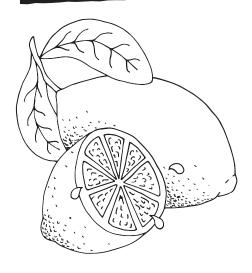




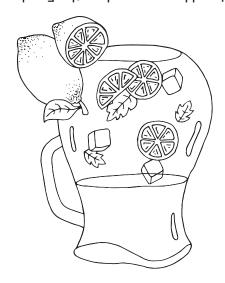
All citrus fruit is an excellent source of vitamin C, an important nutrient that helps keep your body healthy. From the sweetest orange to the sourest lime, there are so many varieties to enjoy!

Citrus

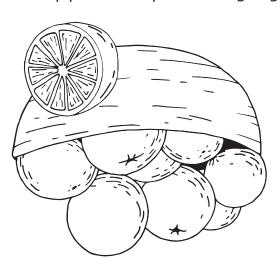
FROM SWEET TO SOUR



Traditional lemons, such as the Eureka and Lisbon varieties, are California classics and available all year. They have a tart flavor and a zesty peel. Traditional lemons are not typically eaten as a whole fruit but are used to add flavor to food and beverages.



Cara Cara oranges have a round shape and bright orange skin like a traditional orange. However, you might be surprised by their unusual pink flesh. Cara Cara oranges are seedless and sweet, with just a hint of raspberry flavor.

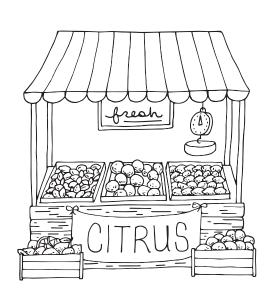


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G

Most grapefruit have a yellow rind, but the flesh can vary from almost white to bright pink depending on the variety. The flavor is a balance of sweet and tart—MeloGold and Oro Blanco are popular sweet varieties. Pummelos, or Chinese grapefruit, are considered a delicacy among many Asian cultures and are the largest of all citrus fruits.



There are hundreds of varieties within each type of citrus fruit. Some varieties are found at farmers' markets and grocery stores, and even more are found in backyard gardens. Most citrus fruit is harvested during the winter.

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