

Live Cooking Demo with



Ingredient list for the world's easiest (and tastiest) tomato sauce:

- 3 cloves of garlic
- 1 small onion, peeled and cut in quarters.
- One bunch of fresh oregano, or one tablespoon dried, or some from your yard
- 15z (ounce) can of diced tomatoes – Included!
- Olive oil (regular or extra virgin) – Included!
- Salt and pepper
- Herb for garnish
- Chunk of Vella Jack (or other grating cheese)
- Fettuccini
 - 2z dry for regular person
 - 4z dry for me (Patrick Mulvaney)
 - 6z dry for your child who plays waterpolo

**Join us LIVE Friday at 5:45PM with
Patrick and Bobbin Mulvaney!**