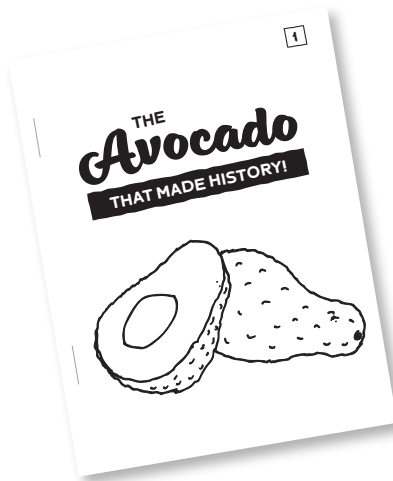
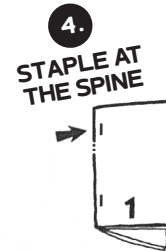
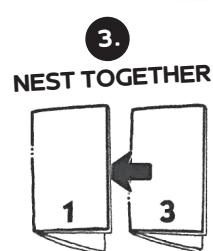
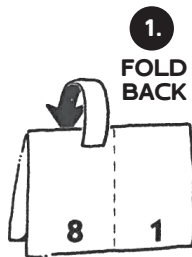
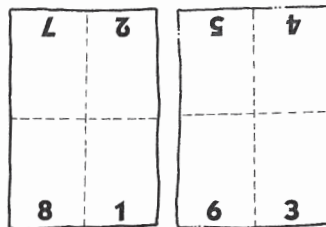


Assembling Mini Books



Mini books offer valuable content information in a kid-friendly format. Each student can be given his or her own book to keep. They can also color, draw, or annotate the book as instructed by their teacher. These books also provide a great home link, as students can take them home and share the information they are learning with their family.

To assemble a book follow these simple instructions.



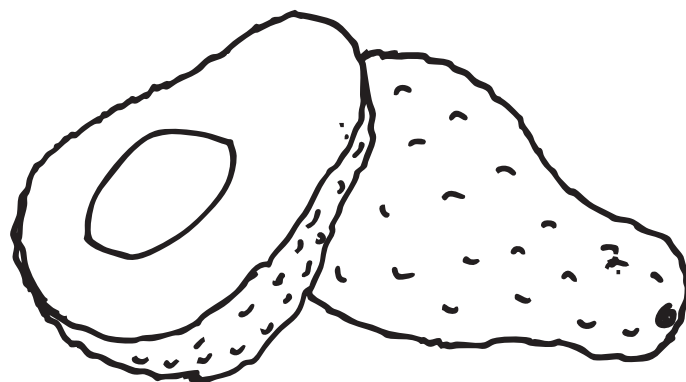
Avocados are creamy, green fruits that people have enjoyed for thousands of years. They first grew wild in Mexico and Central America, where the Aztecs called them *ahuacatl* (ah-WAH-kah-tl).



2

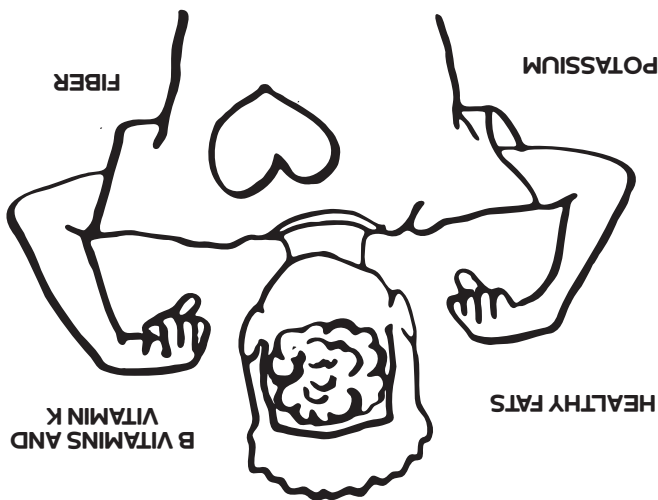
THE Avocado

THAT MADE HISTORY!

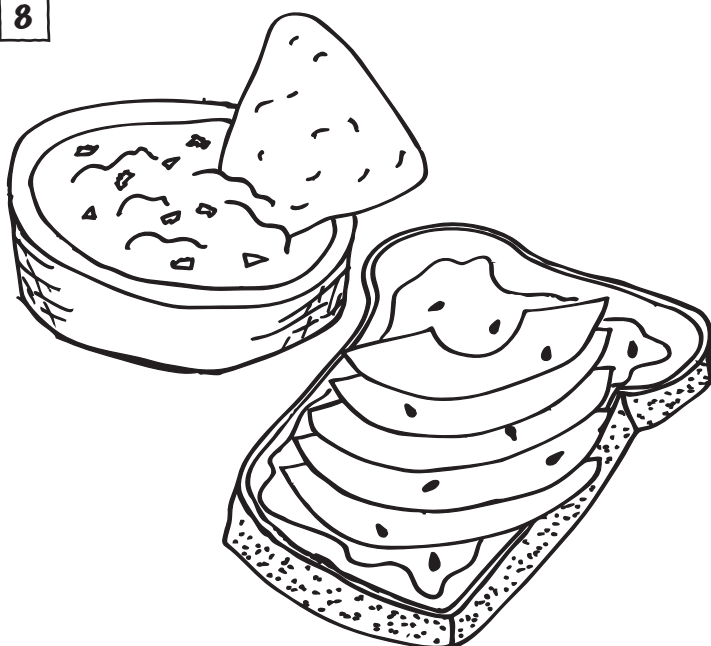


1

Avocados aren't just tasty, they're good for you too! They have healthy fats for your heart and brain, plus fiber, potassium, B vitamins, and vitamin K to keep your body strong.



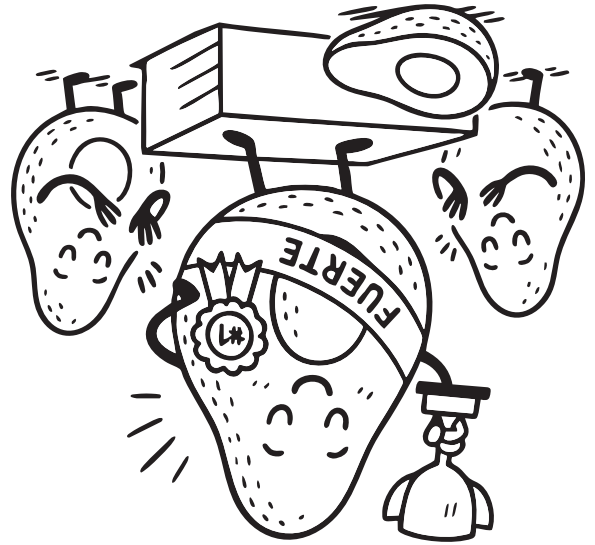
7



8

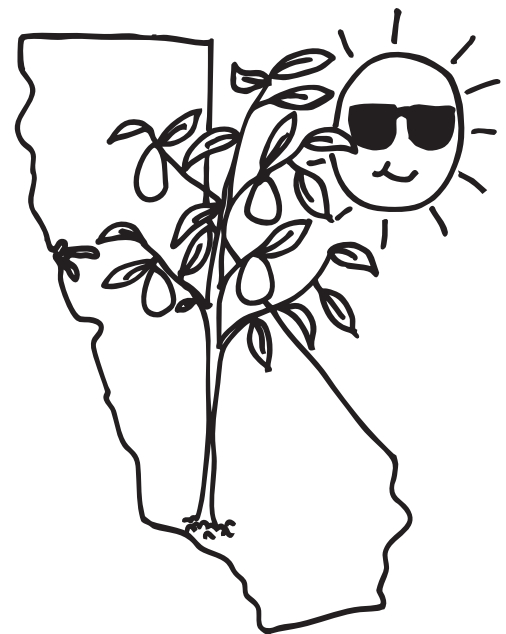
From ancient Aztec orchards to California backyards, avocados have come a long way. Whether you mash them for guacamole or slice them on toast, this creamy fruit is a California favorite!

By the early 1900s, California farmers saw how popular avocados could be. By the 1950s, about 25 different varieties were packed and shipped. Back then, the Fuerte was the favorite.



11

3



Spanish explorers brought avocados north, and by 1871 the first avocado trees from Mexico were planted in Santa Barbara, California. The coast's sunny days and cool nights helped them grow well.

In the late 1920s, a California postman named Rudolph Hass planted an unlabeled avocado seedling in his backyard. The tree grew delicious fruit that his kids loved!



5

6



Today, the bumpy-skinned Hass is the world's favorite avocado, making up about 95% of California's crop. With more than 3,000 growers, California is the top avocado-growing state in the U.S.